Duke Primary Care is committed to supporting the well-being of our team members. We have a wide variety of resources available to faculty, staff and students, and we've organized those resources into categories to make them easier to access. Choose the type of support that best fits your needs.

1. Self-Directed
Broad and general resources to help with your health and well-being. Services include digital resilience tools, flyers, meditations, and more.
Scan the code or follow to link to visit the Well-Being Library.

bit.ly/dukewwlib

2. Guided
Focused resources for both individuals and teams.
Call Employee Occupational Health & Wellness or Human Resources:
EOHW: 919-684-3136 or HR: dpchrrequests@dm.duke.edu

3. Specialized
Services provided by specialists from Behavioral Health and the Personal Assistance Service
Call the COVID-19 Emotional Support and Well-Being line:
919-681-1631

National Suicide Prevention Lifeline 800-273-8255