

Matters of Grief: Addressing Personal and Professional Grief

November 19, 2021

8:30 – 11:30 a.m.

Agenda

8:30 – 8:40 a.m.	Introductory Remarks	Artie Hendricks
8:40 – 9:10 a.m.	Grief in Many Forms	Duke Health Team Members
9:10 – 9:40 a.m.	Personal Grief and the Impact on the Professional	Duke Health Team Members
9:40 – 9:45 a.m.	Break	
9:45 – 9:50 a.m.	Special Message from Coach K	Mike Krzyzewski
9:50 – 10:20 a.m.	Planning for Death & Legacy	Duke Health Team Members
10:20 – 10:35 a.m.	Grief Support	Melissa Segal
10:35 – 10:40 a.m.	Break	
10:40 – 11:10 a.m.	Caring for Each Other in Grief	Duke Health Team Members
11:10 – 11:20 a.m.	Poll and Q&A	Dr. Anthony Galanos
11:20 – 11:30 a.m.	Closing Remarks	Dr. Jon Bae & Dr. Anthony Galanos
11:30 – 12:30 p.m.	Break	
12:30 – 2:00 p.m.	Restorative Circles	Physicians, Nurses, and Other Professionals Grief
2:30 – 4:00 p.m.	Restorative Circles	Professional and COVID Grief

Matters of Grief: Addressing Personal and Professional Grief Restorative Circles

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12:30 – 2 p.m., 2:30 – 4 p.m.

Restorative Circles

Join one or more small-group, confidential, highly participatory discussions on the topics below. Using a restorative circle format to create a safe space, we will share our perspectives, learn from others' experiences, and build a supportive community. Please be prepared to actively participate on camera.

Personal Grief Circles, 12:30 – 2 p.m.

In these restorative circles, we will explore our own grief and discuss how we care for ourselves and others.

- [Physician Grief Circle](#)
- [Nurse Grief Circle](#)
- [Other Professionals Circle](#)

Professional Grief Circle, 2:30 – 4 p.m.

In this restorative circle, we will explore grief related to death of patients and how we care for ourselves and others when we experience professional grief.

- [Professional Grief Circle](#)

COVID Grief Circles, 2:30 – 4 p.m.

In these restorative circles, we will share our experiences, explore the impact of these losses, and discuss how we provide self-care.

- [Loss of a loved one during COVID](#)
- [Loss of normalcy, connections, roles, and/or safety during COVID](#)